Celebrate the end of the year with sangha!

As every year we will celebrate the New Year in family in Bori Sa and we will start 2018 with our traditional ascent to a mountain to see the first sun come out, you are all invited!

PROGRAM

• Sunday 31 December

(Arrival throughout the day, if you can come early to help with the preparations you are welcome!)

20.30h - New Year's Eve dinner and party (you can bring instruments, ideas for games, etc). Please bring a vegetarian dish to share!
00.00h - 12 grapes of good luck

• Monday 1 January

00.15h - New Year's Midnight practice (chanting and meditation)
(The practice between 12 and 2 in the morning is especially powerful and conducive, doing it in the first hours of the new year is considered lucky and a way to start the year on a good foot.)

5.00 am - Ascent to the peak of La Cauma to see the first sun of the year (optional)
8.00 am - Breakfast at La Cauma
12.00h - Arrival at the Zen Center. Free time for rest, small excursions, conversation in the sun or in front of the fireplace...

Please confirm your attendance by email and tell us what vegetarian dish you can bring!

Price: Voluntary donation (all proceeds will go to the construction in Bori Sa).

What to bring:

• food to share (you can bring something vegetarian, something to drink, something for breakfast…)
• sleeping bag
• flashlight
• slippers
• mountain footwear
• warm clothing

Transportation: please, if you have place in your car to bring someone to Bori Sa write an email to: boricentrozen@hotmail.com and we will put you in touch.